**HIGH RODING CRICKET CLUB NET RULES**

**PLEASE READ THIS**

# Only members of the club may use these net facilities and will abide with the rules below.

# Members of a club playing fixtures on this ground may use the nets providing they

# conform to the rules.

**1. PLAYERS USING THESE FACILITIES DO SO AT THEIR OWN RISK.**

High Roding cricket club accepts no responsibility for accidents which may occur on these premises. If a player sustains an injury they must report it immediately to a club official and record it in the accident book.

**2. BATTERS MUST ALWAYS USE PADS, GLOVES AND A BOX WHEN**

**BATTING ,UNDER 18’S MUST ALWAYS WEAR A HELMET.**

You are strongly advised to always wear a helmet and other protective equipment. Junior balls (4 ¾ oz ) should be used for all Under 13’s nets and must never be used for older nets .Batsmen must pad up at the side of the nets away from the line of the ball. Cricket equipment must not be left in the nets. Batters should never put their head near the netting and must use their bats to dislodge the ball from the nets after checking for activity. They should return the ball underarm.

**3. PLAYERS MUST NEVER CROSS A NET WHEN A BOWLER IS RUNNING UP IN ANY NET.**

Everyone using the nets must watch the batsman at all times (beware of the straight drive). Bowlers should never turn their back to the batter or stand at the side of a net. They should always position themselves to make sure a ball from an adjacent net cannot hit them. When retrieving the ball from nets they should always check for activity in the adjacent net before using their foot to take it out of the netting.

**4. MAXIMUM OF SIX PLAYERS IN A NET AT ANY ONE TIME.**

This condition is essential for the safety of all net users and non-adherence will result in the committee withdrawing your right to use the nets. A loud cry of “ STOP “ should be used to stop activity in all nets if there is any unsafe practice which may result in injury. Two additional players may be padding up.

**5.**  **NO PERSON MAY CLAIM TO BE COACHING PLAYERS UNLESS THEY ARE MEMBERS OF THE ECB CA** .

Bowling machines should only be operated by appropriately trained coaches.

**6.** **MEDICAL CONDITIONS**

If any member of the net has a medical condition that has any safety implications ( e.g. epilepsy ) they should inform the person running the net .

Any user under 18 years of age must comply with the “ECB Cricket Directives” including the following:

* **ALL** under-18’s must wear a helmet when batting or keeping wicket.
* Fast bowlers must adhere to ECB Directives concerning number of balls bowled.